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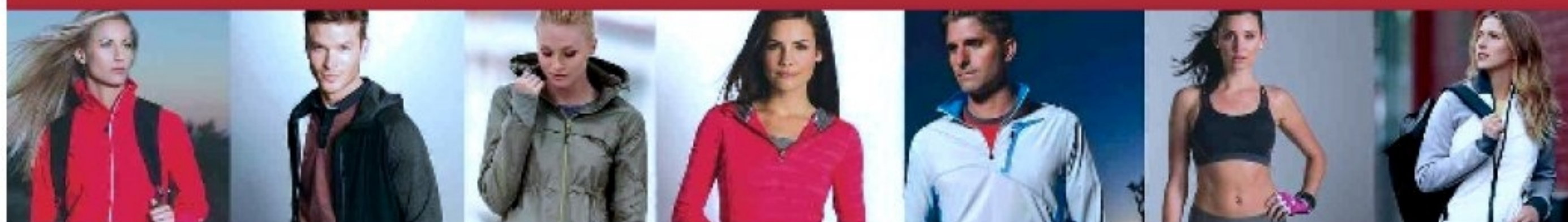
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Winnipeg metro

THAT'S HOW THE E. COLI CRUMBLES **metroSCIENCE**

Your essential daily news | WEEKEND, APRIL 28-30, 2017

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Jess Hill and Cora Wiens of Eadha take part in the Downtown Winnipeg Farmers' Market at Manitoba Hydro Place on Thursday.
SHANNON VANRAES/FOR METRO



To market, to market

We've got your guide to Manitoba farmers markets

metroNEWS

Vigil honours slain First Nation woman

CRIME

Brutal beating on reserve captured on cellphone video

Hundreds of mourners gathered for a candlelit vigil in a Manitoba's Sagkeeng First Nation Thursday evening, days after the killing of a 19-year-old woman rocked the community.

Serena McKay's body was found Sunday night near a home on the Sagkeeng reserve, about 120 kilometres northeast of Winnipeg.

Since then, a video linked to her death has circulated on social media, showing a young woman lying battered and barely conscious as she's repeatedly kicked and punched in the head. Claude Guimond, the principal of Sagkeeng Anicinabe High School, where McKay attended, has confirmed her identity in the video.

The video, which has since been removed from Facebook, appears to have been taken on a cellphone. Female and male voices can be heard.

"Tuesday we had a healing ceremony for our students and staff," Guimond said. "One of the recurring things that came out was how social media — Facebook, you know — made things even worse by people reposting the video."

RCMP are still investigating, but have arrested two girls, 16 and 17 years old, on charges of second-degree murder. Neither teen suspect can be named under the Youth Criminal Justice Act.

There will be another candlelit vigil for McKay in Winnipeg on Saturday night. The congregation will start at Thunderbird House at 6:30 p.m. and head to The Forks.

According to Facebook, a candlelit vigil in honour of McKay had also been planned in Montreal and Grand Rapids, Man. METRO WITH FILES FROM THE CANADIAN PRESS

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Shining light on 'hidden homeless'

HOUSING

Survey to track couch-surfers, those who stay in hotel rooms



Keila DePape
For Metro | Winnipeg

Homelessness is most visible on the streets, but a new survey aims to track Winnipeggers who couch-surf and live precariously from one hotel room to the next.

For the first time this year, the Street Health Survey Project will track the health challenges the "hidden homeless" face, meaning people living temporarily with friends, family, strangers or in motels.

Gathering such data from this sector of the population could reveal there are four

times more homeless people in Winnipeg than previously thought, said Christina Maes Nino, community animator at the Social Planning Council of Winnipeg, which is coordinating the survey.

"Forty per cent of women don't feel safe in shelters," said Nino. "Those hidden are floundering because they aren't connected to resources."

Many women fear their children will be taken away if they stay at a homeless shelter, said Maes, who stressed the risk of "long-term family break down" if mothers don't receive the help they need.

Family breakdown and conflict was the leading cause of homelessness in data collected in the 2015 Winnipeg Street Census.

On the night of the census, over 1,700 people in the city didn't have a safe, permanent place to spend the night.

That number is likely much higher in reality, ac-

Shelters are gateways to services in support. Those who are hidden are floundering.
Christina Maes Nino, Social Planning Council of Winnipeg

cording to the street census report.

To reach out to people who are less visible, a small team

of surveyors will go to resource centres where people drop in for a meal or other assistance, and have one-on-

one conversations to fill out the 101-question survey.

The last Street Health Survey took place in 2011 and

gathered data on the daily experiences of homeless people, including their access to food, hygiene, health care, among other needs.

The survey revealed one in five homeless women had been sexually assaulted that year — in most cases, more than once. It also showed 39 per cent of respondents had been hospitalized for a mental health issue in their lifetime, and almost half had difficulty getting their clothes washed.

"(Housing) a matter of dignity," said Louis Sorin, CEO of End Homelessness Winnipeg, "but it's also a matter of rights."

Sorin said society needs to start treating housing as a health issue, noting that homeless people are dying 20 up to years younger than the general population.

Surveyors will hold interviews from June through August, with the full report expected in November.

No charges after teen sprayed in city mall

There will be no charges in the spraying of an unknown substance on a teenage girl at a Winnipeg shopping mall.

Police say a forensic examination found the substance was non-biological in nature.

Investigators had initially said it might be a bodily fluid.

Several girls were in the

St. Vital Centre in February when they observed a strange man closely following them.

They tried to evade him by entering a store, but just outside the shop, he deposited an unknown substance on the clothing of one of the girls.

The girls were not harmed.

THE CANADIAN PRESS

IN BRIEF

Man arrested after gun fired in West End home

A man is facing several firearms offences after a gun was fired in a West End home. Winnipeg police were called to single-family home in the 600 block of Sherburn Street. There were no injuries. A man was arrested. LUCY SCHOLEY/METRO

ST. BONIFACE

Winnipeg woman facing aggravated assault charges



Lucy Scholey
Metro | Winnipeg

A 31-year-old Winnipeg woman is facing several charges after allegedly attacking a man in St. Boniface.

Emergency responded to the call in the 500 block of Des Meurons Street on Wednesday at 2 p.m.

There they found a 55-year-old man with "serious injuries requiring immediate medical attention," according to a police press release.

He was sent to hospital in critical condition but has since stabilized.

Rhonda Joanne Thomas is facing charges of aggravated assault, uttering threats and possession of a weapon.

The woman remains in custody.

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Building's future uncertain

HERITAGE

Bodegoes site faces demolition as owners mull redevelopment



Braeden Jones
Metro | Winnipeg

A historic Exchange District building was not demolished this week, but its tenant feels the property's recently changed heritage status condemns it to that fate.

On April 19, council's executive policy committee (EPC) added the 92-year-old building at 98 Albert St. — currently occupied by Bodegoes — to the city's "commemorative list" rather than the historical resources list, as recommended by the historical buildings and resources committee (HBRC).

While historical resources are protected from big changes or demolition, properties added to the commemorative list are not.

"Commemorative gives you the ability to do a plaque... it's like a tombstone really, just a bronze tombstone saying, 'a building was here,'" laments Bryson Maternick, one of Bodegoes owners.

He's speaking out because the property owners, John and Kathy Knowles, plan to get rid of 98 Albert in order to use its lot in a redevelopment plan for their adjoining property at 90 Albert.

"This can't happen," Maternick said. "No matter what, you shouldn't be able to tear down a building in the Exchange District."

But according to Heritage Winnipeg Executive Director Cindy Tugwell, the Exchange's "National Historic Site" status doesn't stop buildings from



This heritage property at 98 Albert St. (left), which houses Bodegoes, could be lost as its owners are keen to redevelop the adjacent property, 90 Albert Street, into a towering, glass mixed-use residential complex. LEFT: BRAEDEN JONES/METRO RIGHT: CONTRIBUTED



“Commemorative gives you the ability to do a plaque... it's like a tombstone really, just a bronze tombstone saying, 'a building was here.' Bryson Maternick

being torn down.

"(It's) so we can showcase and market it... When it actually comes to protection of individual buildings or street-scapes, there is no intervention," she said.

Well, no formal intervention.

Tugwell has been monitoring the goings-on behind the scene since October 2016, when HBRC first recommended moving 98 Albert from its 'nominated' status to the historical resources list.

At that time, the Knowles' submitted a letter explaining

how the site had evolved; at one point an automobile service station sat there, now it's a restaurant and pie-shaped patio.

They said their plan "will allow the site to be transformed once again."

Tugwell said that transformation would be "precedent setting," noting other redevelopments in the area preserve certain elements.

She said and others will "try to meet with (Kiernan) to say, 'you know, if the reality is they can't do an addition to

the existing building then we don't want it approved at all."

"Addition is fine, demolition is not."

Coun. John Orlikow said the property's status isn't dire, since EPC gave the owners a year to come up with a viable redevelopment plan.

"It's not being demolished, they will not demolish anything until they actually have an application about 90 Albert going forward... they don't have a building permit, they don't have everything they need," he said.

The plan in question has been drafted by an architect but is being retooled, and would redevelop 90 Albert into mixed-use residential. 98 Albert is in the way.

"The owner of the building indicated that to get that building redeveloped for housing they need the space to put the elevator and everything else," Orlikow said.

"If they can't figure out a way to manage that if that building stays.... If they do, if it gets approved, then 98 Albert would go."

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BY THE NUMBERS

Here's how the cycling grants break down:

\$185K

The city approved a total of **\$185,000** in grants for bike infrastructure to build new parking spaces.

About **\$45,000** has been allotted for the Downtown Business Improvement Zone (BIZ).

Approximately **\$15,000** will go to the Exchange District BIZ.

The Old St. Vital BIZ will be getting **\$5,000** from the City of Winnipeg for its own bike parking upgrades.

Council also approved **\$30,000 for Bike Winnipeg** to install racks in areas without a BIZ, and **\$30,000 for Green Action Centre** to install racks at local schools.

Corydon, South Osborne, Transcona, West Broadway and the West End BIZ will all get **\$10,000** apiece.

City to fund new bicycle parking

TRANSPORTATION

Official hopes initiative gets kids to bike to school more



Braeden Jones
Metro | Winnipeg

Considering the plethora of parking lots in Winnipeg, it can be hard to believe that some commuters struggle to find a spot — but that's often the reality for cyclists.

And that's why Mark Cohoe said it was a good thing that city council approved a grand total of \$185,000 in grants to create more bike parking Wednesday.

"There's some areas where (bike parking) is better... but if you get into other areas it drops off significantly," said Cohoe, executive director of Bike Winnipeg. "There's definitely some spots where it's... hard to find."

Stephanie Whitecourt, the

city's active transportation coordinator, said the money allocated this week "is a culmination of two years of budgets," as 2016 grants "hadn't gone out."

She explained the grants follow the city's approved strategies by giving groups like business improvement zones (BIZ's) funding to increase their area's bike parking.

Grants approved this week include \$45,000 to the Downtown BIZ, \$15,000 for the Exchange District BIZ, \$5,000 for the Old St. Vital BIZ, and \$10,000 each for the Corydon, South Osborne, Transcona, West Broadway and West End BIZ's.

Melanie Andrushko, the acting transportation project manager for the Downtown BIZ, said the plan is to spread new bike racks "throughout the downtown and the Exchange District in 2017."

"We will be looking to add to the current inventory of bike racks situated on the sidewalks, but we would also like to try and add two on-street bike parking locations."

Known as "bike corrals," the

on-street parking is meant for high traffic locations and can fit eight bikes or more — the grant approved for the Downtown BIZ is for three corrals, worth approximately \$32,000, as well as other short-term racks.

Andrushko said 400 responses to a recent BIZ-led transportation mode survey found "most respondents would like to use cycling more as their preferred mode of transportation," so the new racks and corrals are helping make that feasible.

Council also approved \$30,000 for Bike Winnipeg to install racks in areas without a local BIZ, and \$30,000 for the Green Action Centre to install racks and bike cages at schools.

Whitecourt said the bike cages, which are exactly what they sound like, are a response to bike theft happening "repeatedly," which is "particularly traumatic for children."

"To lose such a valuable piece of equipment for them is hard... also we are looking to encourage more kids to bike to school," she said.

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DEVELOPMENT RED RIVER COLLEGE UNVEILS PLANS FOR INNOVATION CENTRE The Exchange District will become home to a new \$95.4-million innovation centre. Red River College unveiled plans for the 100,000-square-foot facility on Thursday, which is estimated to draw 1,200 more students to the area, plus researchers and instructors. Of the investment, \$40.6 million will come from the federal government and \$54.8 million from the college, which will launch a major fundraising campaign in the coming months. CONTRIBUTED



Eric Olek, founder of streetwear brand Friday Knights, is rolling out his new mobile clothing shop April 28. CONTRIBUTED

Box truck boutique

FASHION

Local designer takes clothing business to the city streets



Jessica Botelho-Urbanski
Metro | Winnipeg

A Winnipeg entrepreneur has a new vehicle for pop-up shopping. Eric Olek, founder of streetwear brand Friday Knights, is rolling out NOMAD starting Saturday at Little Brown Jug Brewing Company.

Olek has been mulling the idea of a clothing boutique on wheels since 2014 when he saw a similar setup parked outside a popular brunch spot in Nashville.

After a long search, he finally found an appropriate box truck, which he retrofitted and decorated with colourful graffiti by Peatr Thomas. He plans to bring in new guest artists to paint the truck's exterior every month.

"I just thought this was something different and basically just a new, creative way to get out there and get in touch with the

people who support my brand and interact with the community," Olek said.

He test-drove NOMAD during last year's Nuit Blanche to iron out any kinks. The main issue was a good problem to have — overcrowding from too many interested shoppers (which he solved by propping open an extra door). Olek said he's not sure how Winnipeggers will respond when he takes NOMAD on the road regularly this summer. He's already gotten mixed reviews from those he knows.

"Some people think it's a great idea, some people think I'm insane," he said. "Really, I just want to kind of brighten up whatever neighbourhood I happen to be parked in."

Olek said he's operating using the same license as a food truck when he parks on city streets and will pay accordingly when he's set up in parking lots.

The clothing truck may be a new concept to Winnipeg, but he thinks it could provide a solution for businesses who can't find physical pop-up space.

"I can go where the action is, which is nice," he said. "Now I can just drive up and open my door."

RETAIL

Four spring markets worth shopping for



Lucy Scholey
Metro | Winnipeg

With or without spring-like warmth, the Downtown Winnipeg Farmers' Market launched this week. It had us daydreaming about other markets, so here's a tee-up of other vendors worth checking out this season.

Half Moon Market

For the quirky art lovers, this is a "craft show that thinks

outside the craft box." It's one day only at the King's Head Pub, so check it out with your afternoon brew.

Date: April 29

Time: 11 a.m. to 7 p.m.

Admission: Free

Third + Bird

The biannual Third + Bird one-day market is popping up in Hudson's Bay downtown. Expect more than 100 vendors, selling the likes of handmade goods and eats.

Date: May 6

Time: 10 a.m.-6 p.m.

Admission: \$5

Winnipeg Night Market

Shop after sunset at the city's first nighttime market. Head to Red River Exhibition Park during the supper hour and stick around until after dark for artisan vendors, food trucks, buskers, DJs and more.

Dates: May 19-20, July 21-22, Aug. 18-19

Time: 5 p.m. to midnight

Admission: \$5 for the weekend, kids 12 and under free

St. Norbert

We couldn't round up markets without this classic. The St. Norbert Farmers' Market is opening its outdoor spring market over Victoria Day weekend.

Dates: Sats. May 20-Oct. 28, Weds. May 24 to Sept. 27

Times: 8 a.m. - 3 p.m. on Sats. and 11 a.m. to 3 p.m. Weds.

Admission: Free

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IN BRIEF

Theatre to keep its name

The Burton Cummings Theatre is keeping its name. The man himself will announce the news at the historic Smith Street venue today at 1 p.m., alongside True North Sports and Entertainment.

Apart from the naming rights extension deal, there will be a "special concert

announcement."

We're willing to bet that Cummings, the former frontman and keyboardist of the Guess Who, has something to do with that announcement. He'll also play a song or two, which you can watch live on www.facebook.com/burtoncummings theatre.

METRO

'The status quo isn't an option'

COURTS

Justice minister joins her peers across nation to tackle delays

The federal Liberals came to power promising sweeping reforms to the criminal justice system, but now the provinces are championing some ideas of their own as they focus on cutting backlogs in the courts.

"I think for the most part, the provinces recognize the status quo isn't an option and we need those changes to take place," Manitoba Justice Minister Heather Stefanson said in an interview.

"Time is moving on and now is the time for action."

Stefanson and other provincial and territorial justice ministers are gathering Friday in Gatineau, Que., for an emergency meeting with their

federal counterpart, Jody Wilson-Raybould, to discuss how to tackle delays in the criminal courts.

It is not a new problem, but finding a solution has become more urgent.

The Supreme Court of Canada issued a groundbreaking decision last summer, *R. v. Jordan*, that set out a new framework for determining whether a criminal trial has been unreasonably delayed, citing a "culture of complacency" for contributing to the problem.

The Charter of Rights and Freedoms says someone charged with an offence has the right to have their case tried within a reasonable amount of time.

In a 5-4 decision, the high court defined that period as 18 months for provincial courts and 30 months for superior courts.

There is room for exceptions, and the ruling came with a transitional measure

for cases already in the system, but a dissenting minority opinion argued the new time limits could lead to thousands of prosecutions being tossed out.

Prime Minister Justin Trudeau gave Wilson-Raybould a mandate to work with the provinces and territories "to improve the efficiency and effectiveness of the criminal justice system," but her marching orders focused on solutions such as the better use of digital technology, bail reform and sentencing alternatives.

Those ideas, along with the ongoing need for judicial appointments, will no doubt come up Friday.

But some provinces will also be urging the federal Liberals to change the Criminal Code to either curtail or eliminate the use of preliminary inquiries, which take place in certain serious cases to determine if there is enough evidence for a matter to go to trial.

Manitoba is also pushing



“

Time is moving on and now is the time for action.

Manitoba Justice Minister Heather Stefanson

The federal Liberals came to power promising sweeping reforms to the criminal justice system, but now the provinces are championing ideas of their own. THE CANADIAN PRESS

hard for that change, so the province can go ahead with a four-year pilot project to replace preliminary inquiries with an out-of-court discovery

process, or, for less serious cases, do away with them altogether.

Wilson-Raybould said in a statement Wednesday that

she is aware of the proposals from Ontario and Manitoba and looks forward to discussing it with them.

THE CANADIAN PRESS

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Uncertain journey back to boomtown

RECOVERY

One year later, some wonder if 'the hustle' will ever be the same



Alex Boyd
Metro | Edmonton

Like thousands of her neighbours, Izdihar Salloum got out of Fort McMurray with nothing, minutes ahead of an out-of-control wildfire.

She'd grown to love the tight-knit community she'd called home for almost a decade, and wouldn't have chosen to leave, she says. But then pieces started to fall into place in Edmonton: Her two oldest went back to universities in the city, Wal-Mart transferred her job to a local store, she found a new home where she could walk to work.

Now her husband, Shaouki Bazzi, goes north to work every few weeks — then gets in his car and drives back to Edmonton.

"I have very, very good mem-

ories there," she said. "But I don't want to go back... It's too hard."

She's not alone — the city currently estimates the population to be about 73,500, but between the economic downturn and the fire fallout residents say the city doesn't have the same hustle it did pre-fire. It has some wondering: Will Fort McMurray will ever be the same?

"The work just isn't there. You can't stay in Fort McMurray and just hang out for fun. It's a city where you have to have a lot of money just to be able to live," said Rachel Ondang.

Until recently Ondang was employed handling donations for evacuees. First the donations dried up, then her contract ended, and two weeks ago she moved back in with her parents in B.C. As Ondang sees it, the fire marked a fundamental shift for the former boomtown.

Like most cities, Fort McMurray residents have long navigated their town by neighbourhood. But now some of those borders have become divisions between the haves and have-nots.

"The people who are living

in houses that weren't damaged have no clue about those struggling to keep their heads above water," Ondang said. "I think that divide was always there, but the fire has just really magnified it."

"I know a lot of people who wrapped socks and underwear for their kids for Christmas year," Ondang said.

Fort McMurray city councillor Sheldon Germain, who is also a member of the Wood Buffalo recovery committee, admits that for some people it might make financial sense to relocate, but he believes in the community's ability to rebound.

"From Day 1, people used the term 'new normal,' and I don't know if I'd say that, but it was a transformational event, it's become part of the fabric of who we are."

But as a resident who weathered the downturn in the 1980s he argues the core of the city — "people in Fort McMurray are go-getters," he says — won't change.

"I would say I believe in the community, I believe in our partners in industry," he said. "But it's not just a rebuild. It's a recovery."



Charity Wiley visits with Sonny in front of her stable, which was unscathed. JENNIFER FRIESEN/FOR METRO

Animal family resettling, too

As soon as Charity Wiley leans on the fence of the paddock, her neighbour's horse, Sonny, hustles over to check her pockets for treats.

"He's a ham," she says, giving the wide white blaze on his nose a scratch.

Fort McMurray is an unabashedly animal-loving community. From the pets stowed away on evacuation planes, to the fish carried out in water bottles, to the dozen or so horses set free in desperation, animals featured prominently in the evacuation.

The town's residents have spent the last year readjusting to being home — and not just

the human ones.

But Wiley says most of the equine evacuees are coping just fine.

"Some of them are a bit funny going on the trailer, but you can't really blame them; the last time they were on the trailer it was all panicky," she said, referring to the panicked flight from Clearwater Horse Club a year ago.

At Clearwater, a Fort McMurray institution for almost 50 years, people banded together to hurry horses onto trailers and down the highway as fast as possible. But with flames bearing down, the last dozen or so had to just be set loose.

In many ways, the animal rebuild echoes the human one: The fire damage seems randomly distributed, and only some of the buildings have been rebuilt. Only about half of the club's 120 or so horses are back so far. All but a few will return, but either their stables haven't been rebuilt or their human's homes haven't.

But the way people have rebuilt to get the animals back reflects the values of the human community, Wiley said.

"It just goes to show that life is valued here and it's not just a working town, it's a caring community. People have each other's backs." ALEX BOYD/METRO



Canada's science minister, Kirsty Duncan, says universities aren't doing the heavy lifting to appoint more female research chairs. THE CANADIAN PRESS

SCIENCE

Wanted: More female chairs

The federal science minister says universities aren't doing the heavy lifting to appoint more female research chairs, so she wants to force their hands.

On her way to give a speech Wednesday to university presidents in Montreal, Kirsty Duncan was handed the latest statistics on the number of men and women among applicants for new Canada Research Chair positions.

"They're dismal," Duncan said in an interview. "There were two times more men nominated than women."

The Canada Research Chairs program was implemented 17 years ago to create 2,000 research positions at universities across the country to push for excellence in engineering, natural sciences, health sciences, humanities and social sciences. Canada spends \$265 million a year on the program.

"The bar isn't moving and that can't continue," Duncan said, noting that she even ad-libbed part of her speech because of it: "I let them know I was very disappointed with the results."

In 2006, the Canada Research Chairs Program settled a complaint with the Canada Human Rights Commission brought by eight women who complained about discrimination in the awarding of the positions.

In 2009, universities set targets to try and increase the number of research chairs who are women, visible minorities, Indigenous people and people with disabilities. In 2012, universities had to start reporting their progress on these targets annually. THE CANADIAN PRESS



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Trump explains why he didn't terminate NAFTA

TRADE

President says PM asked him not to and he 'likes' Trudeau

Donald Trump's administration had hinted Wednesday afternoon that he was about to sign an order that would begin the process of withdrawing the U.S. from the North American Free Trade Agreement.

Trump announced Wednesday night, though, that he would not be doing so.

What happened?

Trump offered a remarkable explanation on Thursday. Prime Minister Justin Trudeau and Mexican President Enrique Peña Nieto called him, he said, and asked him not to proceed.

And he likes them, he said, so he agreed.

"I was going to terminate NAFTA as of two or three days from now. The president of Mexico, who I have a very, very good relationship, called me. And also the prime minister of Canada, who I have a very good relationship, and I like both of these gentlemen very much, they called me," he said at the White House. "And they said, 'Rather than terminating NAFTA could you please negotiate.' I like them very much, I respect their countries very much, the relationship is very special. And I said I will hold on the termination, let's see if we can make it a fair deal."

The extraordinary story offers a measure of vindication for Tru-



The White House says U.S. President Donald Trump has told Prime Minister Justin Trudeau that he has agreed not to terminate NAFTA at this time. THE CANADIAN PRESS

deau's studiously nonconfrontational approach to Trump. It demonstrates, again, the primacy of personal relationships in the impulsive decision-making of a president who has little policy knowledge or fixed political principles.

"I really hope this is just spin," Scott Lincicome, a trade lawyer and Cato Institute adjunct scholar, wrote on Twitter.

It may be; it allows Trump

to look magnanimous and in control. But Trump has regularly changed his mind because someone explained something to him. After claiming for more than a year that China had the power to solve the conundrum of North Korea, he abandoned that view after Chinese President Xi Jinping spent "10 minutes" explaining the situation.

Trump's account was essentially confirmed by Trudeau.

"We had a good conversation last night. He expressed that, yes, he was very much thinking about cancelling. I highlighted quite frankly that whether or not there was a better deal to come, there was an awful lot of jobs, an awful lot of industries right now that have been developed under the NAFTA context," Trudeau said Thursday during a visit to Gray, Sask.

TORSTAR NEWS SERVICE

AIRLINES

United settles with Dao as it creates new policies

United Airlines moved to staunch criticism by reaching a settlement Thursday with a passenger dragged off one of its planes two weeks ago and issuing new policies designed to prevent similar customer-service failures.

On April 9, Kentucky physician David Dao was forcibly removed from a flight after refusing to give up his seat to a crew member. The incident ignited a debate about poor service and a lack of customer-friendly policies on U.S. airlines. United and lawyers for Dao declined to disclose financial terms of the settlement. Earlier, United announced steps it would take to reduce overbooking of flights. Among other things, the airline said it will raise the limit on payments to customers who give up seats on oversold flights to \$10,000, and it will improve training of employees.

Dao's attorney praised the airline and its CEO, Os-



Video shows a bloody David Dao YOUTUBE

car Munoz, for accepting responsibility and not blaming others, including the city of Chicago, whose airport security officers yanked Dao from his seat and dragged him off the United Express plane.

THE ASSOCIATED PRESS

GLOBAL DIGEST

Admiral says N. Korea crisis at worst point he's seen

The U.S. Navy officer overseeing military operations in the Pacific said Thursday the crisis with North Korea is at the worst point he's ever seen. Adm. Harry Harris Jr. told the Senate Armed Services Committee he has no doubt North Korean leader Kim Jong Un intends to fulfil his pursuit of a nuclear-tipped missile capable of striking the U.S.

THE ASSOCIATED PRESS

German soldier arrested on suspicion of planning attack

Police have arrested a German soldier who had posed as a Syrian refugee on suspicion he was planning an attack, apparently motivated by anti-foreigner sentiment. The 28-year-old lieutenant allegedly stashed a pistol in a bathroom at Vienna airport. Austrian authorities took him into custody when he went to retrieve it in February.

THE ASSOCIATED PRESS

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Trump dismisses scorecard

100 days isn't enough time to 'make America great again,' despite campaign promise to voters, president says

ROSEMARY WESTWOOD
From the U.S.

Sometimes, when it suits him, the president will say something true.

One-hundred days, President Donald Trump now says, isn't a whole heck of a lot of time to "make America great again."

He's right. (Take a minute, that's not a phrase that often appears in the context of Trump, the man who's elevated fact-checking to a full-time job.)

The arbitrary measure of a new U.S. president's early success — the 100-day mark — dates back to Franklin Delano Roosevelt and has often proved to have little to do with an administration's overall effectiveness.

Trump, though, back in the old days of October, campaigned on all the amazing things he'd do for his base in his first 100 days, even going so far as to sign a "contract" (the reality TV kind) with the



U.S. President Donald Trump backtracks on his 'contract' with voters. THE ASSOCIATED PRESS

"American Voter" complete with his seismograph of a signature, and a fairly small photo, all things considered, of Trump with his hand over his heart. Meaning, it turns out, very little indeed.

The 100-day scorecard,

which he then promised with patriotic posture, Trump now considers "ridiculous." But this is America, and even while the pundits agree with its arbitrariness, everyone — the White House, the media, politicians, though probably not

your average "American Voter" — can't stop talking about Trump's fledgling legacy.

And it is worth looking at. As a study in political ineptitude, and policy disinterest. As a frenzy. As a warning.

We've learned that Trump

the president is very much Trump the campaigner: Keen to say whatever comes to mind, and reserve the right to reverse course anytime thereafter, such as threatening to shut down the government over funding for his Mexican border wall, and then not.

Capable of extreme policy swings after a single conversation with a world leader, as with China's currency policy. Swift to act in military matters, as in Syria (once again, regardless of any previous position), without feeling encumbered by the need for a greater strategy.

Ferociously critical of the media, whilst wooing it. Susceptible to conspiracy theories, such as Barack Obama wiretapping Trump Tower. Focused on "winning," but not on the how of actual policy, a la his failed health care bill. Dismissive of women, especially those with sexual harassment claims, with his support for Bill O'Reilly.

Ignorant of history, global politics, and government func-

tion and size, as with a speech that suggested Frederick Douglass was still alive, an interview in which he referred to the Korean leader Kim Jong Un as "the gentleman" and confused him for his father, and his admission this week to the Associated Press that he "never realized how big it was," meaning the federal government.

And indifferent, even hostile, to environmental protection and accepting climate change consensus, slashing the Environmental Protection Agency's budget and undoing Obama policies.

Not to mention the culture he's spawned, where swastikas and hate crimes are spreading like weeds.

Just like campaigning Trump would do, President Trump will mark his first 100 days with a rally in Harrisburg, Pennsylvania: Ever seeking the adoration of his base, while remaining, with a dismal 41 per cent approval rating, just as unpopular, and dangerous.

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Your essential daily news

If you devote yourself to making money, you'll be stressed, sad and have low self-esteem, says a new study from SUNY Buffalo

DECODED by Genna Buck and Andrés Plana

INTRODUCING: STEVE

What is that brilliant line in the sky? Is it the trail of an airplane? A message from aliens? Part of the northern lights? Nah, it's just our buddy **Steve**. The heavenly phenomenon, given a cutesy name by the Alberta citizen scientists who helped discover him, is still rather mysterious. Our newest (upstairs) neighbour was apparently hiding in plain sight this whole time.

Here's what we know about him so far.

WHO IS STEVE?

Scientists aren't exactly sure yet what Steve is (a research paper is forthcoming), but he's not new, and appears closely related to the **aurora borealis**, or northern lights, which he often appears alongside.

The northern lights (and southern lights, **aurora australis**) are collisions between **charged particles from the sun** and **gas particles from the Earth's outer atmosphere**.

The colour depends on the gas (yellow-green from oxygen, purple, blue or red from nitrogen).

The high-energy reactions taking place on the surface of the sun throw off huge numbers of charged particles (protons and electrons).

These particles flow toward the Earth in the form of **solar wind**. Most are deflected by our planet's magnetic field. But around the poles, the magnetic field is weaker, allowing more particles in.

When a sun particle crashes into a gas atom high above the Earth, it causes the atom to release a **photon**, a particle of light. Hence the gorgeous display we see in the sky.

FAST FACTS

Thanks to swarm, a group of satellites run by the European Space Agency, we know a few things about Steve.

Steve is:

A band of electrically charged gas particles more than 300 kilometres above the Earth's surface.

25 km wide and thousands of kilometres long.

Moving at about 6 kilometres per second from east to west across Canada

Extremely hot: about 3,000 C hotter than the surrounding air.

FINDINGS

Your week in science



STINKY STUDY

Mammals, regardless of species, all take about 12 seconds to poop, says new research in the journal *Soft Matter*. Large animals, despite having larger poops, don't take any longer to defecate, because they produce mucous that speeds the process. (There's surprisingly little data on human poop times, however). Last year, the same team decoded the universal mammal urination time: 21 seconds.

SOUND SMART



DEFINITION

The **Glacial Epoch**, a.k.a. the **Pleistocene**, was the period between 2.6 million and 11,000 years ago when glaciers covered much more of the Earth. It was also the time when the human species evolved. It ended at the end of the last Ice Age.

USE IT IN A SENTENCE

I think this head of lettuce has been in the fridge since the **Glacial Epoch**.

PHILOSOPHER CAT by Jason Logan

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CITIZEN SCIENTIST by Genna Buck

What is E. coli doing in my cookie dough?

How did E. coli bacteria end up in flour? — Holly, Toronto

As a cookie dough aficionado, I share your extreme concern.

There are many subtypes of E. coli bacteria, most of which are perfectly friendly.

But not E. coli O121, the particularly gnarly type involved in the present recall of Robin Hood and Creative Baker flours and prepared tart shells from Harlan Bakeries. The bacteria makes a chemical called shigella toxin, which causes bloody diarrhea,

abdominal cramps and even kidney failure in some people.

The natural habitat of E. coli is the lower intestine of mammals. Yes, E. coli comes from poop. And somehow, it got into our flour. Not a nice thought. And how exactly this happened is still being investigated.

It's possible for nasty strains of E. coli to pass from person to person, especially if proper hand hygiene isn't followed. But the usual suspect in these types of situations is cow poop.

Past outbreaks have been

blamed on wheat irrigated with water contaminated with cow manure. Combine that with poor sanitation and cross-contamination at a processing facility, and you have a recipe for disaster.

And E. coli O121 has been known to grow in grain mills and processing equipment, especially if the environment is humid.

So what is a cookie dough lover to do?

First, check your cupboard. Quite a large number of products have been pulled from shelves (see the Canada Food Inspection

Agency website for the full list). If you have any at home, toss 'em.

But regardless of the brand, it's not considered safe to eat food containing uncooked flour. But don't go crying over your cookie dough just yet. If you heat the flour to at least 160 C, it's perfectly safe to eat. In fact, it's recommended that you let the youngest member of your kitchen team lick the beaters. It's practically a rule.

Science Question?

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Emma Watson's got staying power

Watson next stars in *The Circle*, a thriller about America's most influential and possibly dangerous tech company. CONTRIBUTED

IN FOCUS

Takes more than Potter magic to soar to her heights

Richard Crouse
For Metro Canada



One day someone may write about Emma Watson without mentioning the Harry Potter franchise, but today is not that day. Few child stars have faced the glare of the spotlight as acutely as the core Potter cast and the fame that came along with playing Harry, Ron and Hermione will likely follow them around for as long as Potter-heads roam the earth.

It's not like they are crying over spilt potion, however. On

screen Daniel Radcliffe takes on demanding roles that give him the chance to distance himself from Harry and, apparently, show his bum at every opportunity. Rupert Grint has kept a lower profile, starring in a few independent films and playing an upper-crust criminal on the television adaptation of *Snatch*.

Of the three, Emma Watson has the highest professional profile — with gigs addressing the United Nations, starring opposite a heartbroken furry beast, and accepting British GQ's Woman of the Year Award.

This weekend she follows up her post-Potter star turn as Belle in *Beauty and the Beast* with the high-tech thriller *The Circle* — based on the 2013 novel by Dave Eggers. Appearing opposite Tom Hanks, she plays a young woman hired at *The Circle*, America's most influential and possibly dangerous tech company.

She says, "I pick movies, not roles," and has amassed a carefully curated IMDB page — including everything from *This is the End*'s axe-wielding version of herself to Noah's adopted daughter — designed to challenge an audience used to seeing her as Hermione and showcase strong and independent characters.

A year after *Harry Potter and the Deathly Hallows — Part 2*, she surprised fans by playing a wise-beyond-her-years free spirit in *The Perks of Being a Wallflower*.

"If you had told me that the first movie I was going to do coming out of *Harry Potter* was an American high school movie," she told the *Hollywood Reporter*, "I would have laughed at you."

Based on a popular young adult novel, it uses one of the building blocks of teen drama — the friendless teen trying to navigate high school in his

freshman year — but layers in equal amounts of teen angst and exuberance before the final class bell rings. Watson is terrific, avoiding the square-peg-in-a-round-hole clichés that could have dogged her character.

Her next starring role silenced Hermione comparisons forever. *The Bling Ring* plays like a *Law & Order* episode of *The Hills*.

Based on actual events, it centres on a group of narcissistic Los Angeles teens who track the comings and goings of their favourite celebs on the Internet.

While one-named millennial stars like Paris and Lindsay are out on the town, the Ring "go shopping," breaking into their homes, helping themselves to jewels, designer clothes and loose cash.

Watson's performance nails the vapidly that made the robberies possible. Dead eyed, with a bored inflection on every word



she mispronounces, her take on Nicki shows there's more to her than being a wizard's sidekick.

"I am aware I have a long way to go," she told *Elle UK*. "I am not sure I deserve all the respect

I get yet, but I'm working on it."

The 27-year-old may have a long way to go, but one thing is for sure, if she continues to choose daring and exciting roles, she's staying in the spotlight.

MOVIE RATINGS by Richard Crouse

Spark: A Space Tail ★
Norman ★★★
An American Dream ★★★

HOW RATING WORKS

★★★★ SEE IT
★★★ WORTHWHILE
★★ UP TO YOU
★ SKIP IT

INTERVIEW

New Susan Sarandon kids flick has a Thelma & Louise ethos

The new animated film *Spark: A Space Tail* boasts an A-list cast, actors who haven't done a lot of kids films. In an email conversation with Susan Sarandon, whose voice appears alongside Patrick Stewart, Jessica Biel and Hilary Swank, the *Dead Man Walking* star says she took the role because, "I've never played a robot before."

In the Canada-South Korea co-production she plays Bananny, the automaton nanny for the teen chimp Spark. He's an ape and her name is a play on the word banana, the preferred simian snack.

It's that kind of movie. Once the prince of a planet of the apes called Bana (banana without the "na," get it?), Spark lives on a tiny slice of his former home, one of many planetary bits blown into space 13 years ago following a coup by the Napoleon-esque Zhong.

Sarandon, who recently won raves playing Bette Davis on the decidedly not-for-children hit television series *Feud*, says the best kids flicks are movies "both adults and kids can enjoy simultaneously and (ones that don't) patronize the children. Real emotion. When the kids save the day."

The new film stays close to the *Thelma and Louise* actress' ethos. The movie draws from *Star Wars*, *WALL-E* and just about every other adolescent-in-space movie where the young'uns are the unexpected heroes.

Spark lives with former royal guard members Vix and Chunk, warriors whose job is to protect, train and prepare Spark for his destiny — the recapture of the kingdom. He's an underdog kids will identify with.

As a child, the Oscar-winning actress was drawn to movies with strong central characters. Her favourites included *The Boy With*

the Green Hair, an anti-bullying movie starring Dean Stockwell, and *Bambi*, the Disney classic about strength in the face of extreme adversity.

Sarandon's previous voice work includes decidedly adult entries like the female outlaw story *Cassius and Clay*, the comedy *Hell and Back*, about two friends who must rescue a friend accidentally dragged to Hades, and kids flicks like the fantasy *James and the Giant Peach* and *Rugrats in Paris: The Movie*. She says the animated films she gets offered differ from live action, particularly in the realm of kid's

entertainment. Children's animated films are more primal, basic, she says.

"Animation allows for more fantastical stories without being too real or scary."

Kids animation are good for kids but ultimately she takes an old-school position on the significance of cartoons in the development of a child's imagination.

"I think books are the most important, but animation tackles a lot of social interaction, so it's really important to make sure that the moral of the story is a good, positive one." RICHARD CROUSE/FRO METRO CANADA



Susan Sarandon lends her voice to *Spark: A Space Tail*. GETTY IMAGES

Fact or fiction? Hot Docs vs. Hollywood

The divide between documentary fact and dramatic fiction has never seemed flimsier, especially at the Hot Docs festival, where many international premieres are happening. Parallels between real life and classic Hollywood narratives can be drawn in several cases, sometimes worrisomely so. **Peter Howell** TORSTAR NEWS SERVICE



The Last Animals vs. Children of Men

DOC: Photojournalist Kate Brooks aims her probing lens at humanity's ultimate act of violence: extinction of an entire species — namely, the demise of the world's elephants and rhino — and the serious possibility that humans will one day be the last animals on Earth. **HOLLYWOOD:** Dystopias are a staple of popular fiction, from The Hunger Games to the upcoming Handmaid's Tale miniseries. One dark standard really resonates: Alfonso Cuarón's Children of Men envisioned a planet so drained of natural vitality that women are unable to conceive children. Humans face extinction, like all other animals they recklessly eliminated.



Becoming Bond vs. On Her Majesty's Secret Service

DOC: James Bond may be a freewheeling hero (licence to kill, sexual romps, etc.). But the actor who plays him can feel like a prisoner, constrained to the role off camera and on. Josh Greenbaum's doc profiles one-off 007 George Lazenby, the Aussie actor who walked away from a seven-picture deal and \$1-million signing bonus after his first movie in 1969. **HOLLYWOOD:** Many rank On Her Majesty's Secret Service among the best of the 007 series, and Lazenby is every bit the rule breaker on screen as he was off it. It's also the only Bond film where 007 marries for real (not as part of a deception) and the first where he openly weeps.



Mermaids vs. Splash

DOC: They call it a mergasm: a euphoric feeling when a woman slips on the carefully constructed tail that transforms her from ordinary human to figure of aquatic legend. A curious hobby on the surface, this doc dives into the psychology behind the real-life fish story. **HOLLYWOOD:** In 1984 rom-com Splash, Darryl Hannah is the girl of Tom Hanks' dream, only she's a mermaid. It sounds doomed, but when she assumes human form to track him down in New York City, Cupid might have to make an exception. It's the same watery wish fulfillment that prompts the quirky mermaid dress-up in Ali Weinstein's doc.



Spookers vs. House of a 1,000 Corpses

DOC: Imagine if the drooling zombies of Michael Jackson's Thriller video opened their own theme park. The strange scene in Florian Habicht's Spookers, a commercial fright fest on the grounds of a shuttered psychiatric hospital in New Zealand, takes centre stage in this doc. The pants-wetting (and worse) horror is convincing, and the makeup is great. **HOLLYWOOD:** I'd argue '1,000 Corpses' gets closest to the serial insanity of Spookers, but not in a good way. When I reviewed the film (premise: psycho killers operating a freak museum), I said it "devolves into the worst kind of drive-in drive-in." Spookers is better by keeping it real (sort of).



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Love's Labour's Lost is found on the big screen

IN FOCUS

Stratford is filming all of Shakespeare for moviegoers

Steve Gow
For Metro Canada



Mike Shara remembers the first time Shakespeare lifted from the page and became more than just arid, anachronistic textbook literature.

Then a theatre student, Shara witnessed a production of Shakespeare's Measure for Measure at the Stratford Festival and the experience elevated the Bard beyond being "historical tombs that you have to labour through" in school.

"It's very important for kids to see these were meant to be plays first," explained the Toronto-based thespian of the modern-day relevance of Shakespeare. "They are living, breathing, vital things that need to be embodied and you need to see them live to really appreciate them."

Perhaps that's why the Stratford Festival has embarked on a mission to film all of Shakespeare's plays and screen them on the big-screen over the coming decade. Having already released such classics as King Lear and Hamlet in theatres, the Fest's latest feature introduces the staged-version of Love's Labour's Lost to Canadian moviegoers on April 29.

"He just got better at doing the things that he's doing in Love's Labour's Lost," said star Shara of one of Shakespeare's earliest and most underappreciated works. "The play is so much about words, love of words and using words so maybe that's where the chasm lies and sort of grows between people appreciating it and it not being beloved like some of his other ones."

Stratford hopes the cinematic treatment renews current fans' appreciation for the story about a king and three friends who swear off women while they focus on studies. Indeed, the festival is banking that it'll even generate new Shakespeare admirers.

"It does play all around the world at movie theatres so that's good in the sense it can reach a wider audience," said Shara, who's been praised for his role in the production. "You have to keep cultivating new people to come see the shows and this is a way of reaching out to get



In Love's Labour's Lost starring Mike Shara (centre), King Ferdinand of Navarre persuades a trio of friends to devote three years to scholarly pursuits, swearing off wine, women and song. CONTRIBUTED

▶ THINGS TO DO IN STRATFORD

While the Ontario town is best known for its Shakespearean Festival, Stratford isn't limited to just the Bard. Here are 3 ways Mike Shara unwinds when not in Shakespeare-mode.



1. Canadian Baseball Hall of Fame
"I highly recommend a visit there," said Shara of the sports museum that pays homage to 117 inductees in nearby St. Marys. "It's

totally different from Shakespeare but maybe you'll need a break from all those plays (and) there's lots of really interesting stuff there."

2. The Red Rabbit
"If you wanted to have a really nice dinner, that's the place I'd recommend," said Shara of the acclaimed locally-sourced



3. The Boar's Head Pub
"A lot of folks who go to the festival go there," admitted Shara of the festival actors' late-night hangout. "You could go after a show and watch the end of a game and the kitchen's open late!"

those people interested, aware and have them come and see it for themselves."

If the festival's greatest test is attaining modern audiences, then Shara's is reaching those patrons with live performance.

While he recalls being undaunted by the potential of cinema's wider reach, he does admit filming the stage production presented a challenge.

"You can't screw up. They only film one (take) so you have

this paranoia that you're going to screw up the big speech and its going to be immortalized," laughed Shara. "That was my biggest fear - oh God, don't let me go on with my fly open or something."

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HEADLINE

COFFEE

Mexican Altura

The Pride of Chiapas

By: Sean Deasy



Meet a co-op determined to spill their beans to the world

For many of us the mention of Colombian in the mountainous terrain of Chiapas in southeastern Mexico is an amalgamated co-op, largely made up of indigenous people, that's become a world leader in the production of Fairtrade organic coffee. Many factors have led to their success: notably an unlimited reserve of pride and hard work. Long before we pour their coffee into our cups here in Canada, these farmers – historically from some of the more impoverished communities in the state – have poured everything into their craft.

"Most people living in this area [have been] extremely poor and rely on coffee as a main source of income," Eric Shabsove of Mountain

View Coffee in Toronto. "There is a great deal of pride that goes into everything they do."

The co-op is called the Federación Indígena Ecológica de Chiapas (or FIECH), created in 1993 by farmers who merged together three small co-operatives from across the region.

Over the years the federation has grown and now comprises 15 co-operatives representing 21 different municipalities throughout Chiapas. Today FIECH has more than 2,800 members consisting primarily of indigenous farmers and their families.

Fair game

Big changes came in 1996 when the Federation gained Fairtrade certification.

Since then, FIECH farmers have benefited from steadier and higher incomes through Fairtrade sales. The certification has created a positive cycle where members are able to invest in better farming practices, trainings and workshops, which in turn increase production and efficiency.

"The co-ops and Fairtrade help the farmers to invest back into their farms, notably for equipment, loans, new coffee trees and farming practices that are sustainable," says Shabsove. "So now these people have access to so many things that they'd never had before, and I think that's pretty amazing because these are people that have worked the land for many, many years, and have been [typically] marginalized."

Members are now more educated and aware of how to market and sell their coffee to international clients, and FIECH is continually looking for new ways to support its members. The organization has invested in a warehouse and equipment to improve quality control, and invested in a nursery with more than two million coffee plants, which are used by members to renew their planting as well as to sell coffee plants in the local market. FIECH has also established a microfinance fund for replanting coffee at the individual farmer level, accompanied by an organic agriculture toolkit and technical assistance.

And using Fairtrade premiums, FIECH has been able to "renovate" coffee trees across 3,000 hectares of land. In other words, replacing old trees with new ones that provide higher yields, which in turn boosts the bottom line for small producers.

But advantages of Fairtrade extend beyond production.

FIECH has also built dormitories at local schools in the region. Now students living in more remote areas have lodging while they are studying and attending school. It should have a long-lasting impact on local communities: keeping educational opportunities closer to home and helping deter youth migration to larger cities.

Tasteful weather

The terrain may be jagged and difficult to traverse, but it boasts volcanic soil – always an ally to great beans. And the region is blessed with the ideal climate to grow coffee – notably an abundance of rainfall.

"It's basically the best growing region in Mexico," says Shabsove, who has curated the entire global Headline Coffee collection. "There are others, but Chiapas is pretty much the best."

So how do pride, hard work and the perfect climate culminate in our cup? Altura is an aromatic coffee – delicate and sweet on the nose with butter and vanilla bean notes. The palate is smooth, balanced and well rounded with subtle tones of butter toffee, a soft hint of chocolate and a comforting feel to its finish.

Now is the best time to discover a taste for Altura, says Shabsove, since the harvesting season has just come to a close. And, as neighbours just to the north, Canadian coffee lovers are very well situated.

"What's also great about [the co-op] is its proximity to North America, so we get great access to these coffees, unlike some that are on the other side of the world. Most Mexican organic does flow into the United States and Canada, so we are certainly lucky that way."

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Following a knight's trail

The production team of *King Arthur: Legend of the Sword* (starring Charlie Hunnam) choose this filming location on the Isle of Skye, in northwest Scotland, for its natural drama. CONTRIBUTED

KING ARTHUR

Chasing Arthurian lore and sites from Ritchie's film

Even when the wind is blowing so strongly that the rain hits the ground almost horizontally, you can't help but be moved by the greenness, and grandness, of the view from the craggy edges of the Quiraing — an ancient 543-metre-high landslip. It's clear why filmmaker Guy Ritchie tapped Scotland's Isle of Skye as a location for *King Arthur: Legend of the Sword* which opens May 12.

"(He was) looking for a magical place to represent the 'Darklands,' a mythical place where Arthur becomes a man," says Amanda Stevens, the film's location manager. "Skye has the most extreme and stunning locations, one of the most beautiful areas in the world... (and it's) remote and far from signs of modernity."

So remote, in fact, that the crew had to hike everything from food hampers to portable toilets 45 minutes into the mountains to reach the shooting site. They were blessed with brilliant sunshine but there's always a chance of rain and darkness on the island ranges in the northwest corner of Scotland.

Even so, the dramatic landscapes have been inspiring storytellers throughout history.

"The stark landscape and ever-changing light and shade are stimuli for the imagination,"



Main: The Trotternish Ridge on the Isle of Skye. COURTESY VISIT SCOTLAND **Top right:** Eilean Donan Castle sits on its own island in the west Highlands. **Bottom left:** On the lawn of Dalhousie Castle, one of Falconry Scotland's two locations. TORSTAR NEWS SERVICE

says Johanna Summers, the travel expert from Must See Scotland who's guiding us through the Highlands. "It's perfectly possible that Scotland's early people needed tales of heroism and the overcoming of dark forces as a kind of escape from the harsh struggles of long ago."

Driving around Trotternish Ridge, the most northerly peninsula of Skye, the geological features seem to tell their own tales of those harsh struggles.

Undoubtedly, the Trotternish Ridge on the Isle of Skye is a geological marvel. At Kilt Rock, a sea cliff named for its massive vertical basalt columns forming the shape of a pleated skirt, a 55-metre waterfall shoots out

over its edge into the Sound of Raasay below. The Old Man of Storr is a large, jagged pinnacle of rock that looks like something out of a dark fairytale.

"Amongst the Gaels at least, (there's) this strong emphasis on storytelling as a way of handing down traditional lore and tales of great warriors," says Summers.

The greatest warrior of all, to many, is King Arthur, and his connection to Scotland, it turns out, goes way beyond Ritchie's film location choices.

Books such as *Finding Arthur* by Adam Ardrey and *Arthur and the Lost Kingdoms* by Alistair Moffat point out that many of the familiar symbols of Arthur-

ian legend — the Sword in the Stone, the Lady of the Lake, the Holy Grail and even Camelot — could actually be found in Scotland. They also suggest he wasn't a king at all, but a cavalry general in c. 500 AD chosen to lead a coalition army along the Scottish border.

Though England and Wales traditionally lay claim to Arthur, Scotland's connection to the king is strengthened further on a visit to Arthur's Seat, the iconic extinct volcano in Edinburgh's Holyrood Park, which is put forward as a possible location of Camelot.

"Ben Arthur, Loch Arthur, Arthur's Seat, we've got all these references throughout Scotland

to say that this Arthur name had standing, had meaning, had strength behind it," says Calum Lykan, a professional Scottish storyteller and our Edinburgh guide. "That's why a lot of these scholars are now saying Arthur has got to be originating within the Scottish realm."

Edinburgh Castle also plays a part in building the legend. The first written reference to Arthur is in the 5th-century epic Welsh poem *Y Gododdin*, in which 300 warriors march out from Edinburgh into battle. There the Scottish warrior Gwawrddur "brought black crows to a fort's wall/ Though he was no Arthur/ He made his strength a refuge."

"We could easily lay claim to

IF YOU GO

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Air Canada Rouge has seasonal, direct (but not daily) flights from Toronto to Edinburgh. Most other major airlines offer connecting flights.

Get around:

Take a seven-hour train trip from Edinburgh around Scotland's coast to Plockton, a picturesque fishing village on the mainland just over from the Isle of Skye — a great place to start your Arthurian adventure. Details: thetrainline.com

Arthur," says Lykan, who looks the part of a warrior himself, dressed in a traditional great kilt and standing in front of Edinburgh Castle. "Stories are a gift for everyone and therefore we all have our Arthur."

Whether King Arthur (a name said to have derived from the ancient Gaelic word *artos*, meaning "bear") was a real living man, a transferable title given to a lauded war leader, or simply a fable used to teach children about friendship, is still up for debate. But after a week of following Arthur around this rugged land, there's no debating the legendary status of Scotland's natural beauty. TORSTAR NEWS SERVICE

The author was hosted by Visit Britain, which did not review or approve this story.

Vegas hopes for lucky Knight

NHL

New franchise would love to have victorious draft debut

As jackpots go in Las Vegas, George McPhee wouldn't mind little lady luck being on the side of his Golden Knights expansion franchise when the NHL holds its draft lottery on Saturday.

"That would be so like Vegas in its first lottery, winning it," the Golden Knights general manager told The Associated Press by phone. "That would be something."

The odds, aren't that bad for a franchise preparing to open its first season in October.

The Golden Knights and desert rival Arizona Coyotes have each been awarded a 10.3 per cent chance of winning the lottery, giving them the third-best shot at landing the No. 1 pick in the draft in June.

The Colorado Avalanche, with an 18 per cent chance, have the best odds after finishing with the league's worst record this season, followed by the Vancouver Canucks (12.1 per cent chance).

At worst, the Golden Knights will select no lower than No. 6.

"We'll go in there having our fingers crossed," said McPhee,

10.3%

The Golden Knights have a 10.3 per cent chance of being awarded the top draft pick.

who will attend the lottery drawing in Toronto. "This will be another first for us."

McPhee can also attest to knowing how teams with the best odds don't always win.

He was the Capitals general manager in 2004, when Washington won the lottery by vaulting from third to first to claim the right to draft Alex Ovechkin. The Edmonton Oilers bucked the odds in 2015, when they also moved up from

third to first and selected a once-in-a-generation talent in Connor McDavid.

Though there have been various formats since the NHL introduced the lottery in 1995, teams with the best odds have won it just seven of 21 times. That included last year, when the Toronto Maple Leafs retained the top pick to end a five-year run of last-place teams losing the lottery. They drafted rookie-of-the-year finalist Auston Matthews.

McPhee understands how a No. 1 pick has the best potential to spur a franchise's growth — particularly a newcomer such as Vegas.

That would be so like Vegas in its first lottery, winning it.

George McPhee

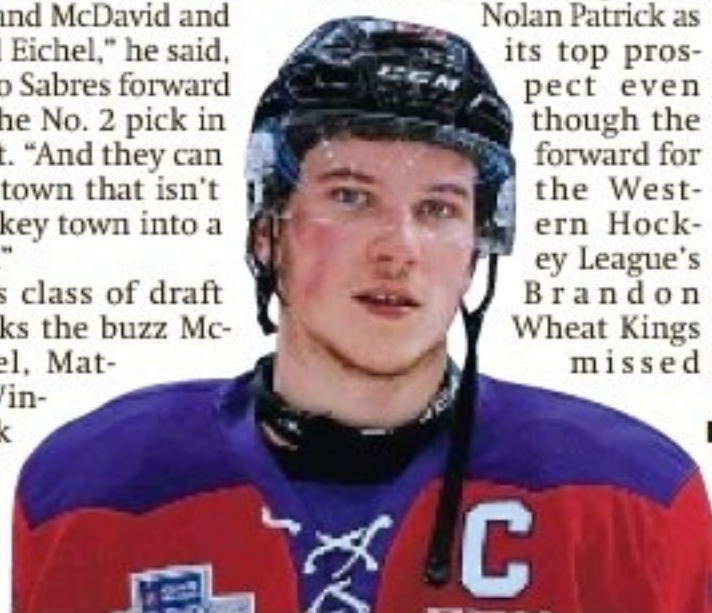


George McPhee's Las Vegas Golden Knights have a 10.3 per cent chance of winning Saturday's NHL draft lottery. JOHN LOCHER/THE ASSOCIATED PRESS

"Ovechkin's done that for Washington, and McDavid and Matthews and Eichel," he said, in reference to Sabres forward Jack Eichel, the No. 2 pick in the 2015 draft. "And they can really turn a town that isn't already a hockey town into a hockey town."

This year's class of draft prospects lacks the buzz McDavid, Eichel, Matthews and Winnipeg's Patrik Laine generated the previous two years.

NHL Central Scouting ranks Nolan Patrick as its top prospect even though the forward for the Western Hockey League's Brandon Wheat Kings missed



35 regular-season and four playoff games due to injuries this year. At six-foot-two and 200 pounds, Patrick finished with 20 goals and 46 points in 33 games.

Swiss-born forward Nico Hischier is ranked second after earning Quebec Major Junior Hockey League rookie-of-the-year honours playing for Halifax. THE ASSOCIATED PRESS

Nolan Patrick of the Brandon Wheat Kings has been named the top-ranked prospect by NHL Central Scouting.

MATHIEU BELANGER/GETTY IMAGES

IN BRIEF

Second-round opener far from sellout in Ottawa

Hundreds of empty seats dotted the crowd at Canadian Tire Centre in Ottawa for Game 1 of the second-round series between the Senators and New York Rangers on Thursday night.

Dozens of rows in the upper bowl were completely void of fans and there was even a noticeable smattering of vacant seats in the lower bowl. THE CANADIAN PRESS

Preds' Fiala recovering from broken leg

Nashville forward Kevin Fiala broke his left leg during the Predators' Game 1 win over St. Louis and is recovering from surgery to repair his femur, the team said Thursday.

The 20-year-old Fiala was hit by Blues defenceman Robert Bortuzzo and went hard into the boards behind the St. Louis net at 1:46 of the second period Wednesday night. He was taken off the ice on a stretcher to the hospital. THE ASSOCIATED PRESS

Canada third in pool after mixed doubles round robin

Canada's Joanne Courtney and Reid Carruthers lost their final round-robin game Thursday at the world mixed doubles curling championship, losing to American siblings Becca and Matt Hamilton 8-6.

Canada finished third in its round-robin pool at 5-2. THE CANADIAN PRESS




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NBA PLAYOFFS RAPTORS CLOSE OUT BUCKS Bucks forward Giannis Antetokounmpo, left, drives against the Raptors' Serge Ibaka during Game 6 of their first-round series on Thursday night in Milwaukee. Toronto blew a 25 point lead but recovered down the stretch to win 92-88 and advance to the second round where the Cleveland Cavaliers await. DYLAN BUELL/GETTY IMAGES

Browns go with Garrett

NFL DRAFT

Texas A&M defensive end goes at No. 1 to Cleveland

The Browns didn't mess around with the No. 1 pick.

Although the team's biggest need remains a franchise quarterback, Cleveland selected Texas A&M defensive end Myles Garrett first overall, a pick that had been projected for weeks.

Following a dismal 1-15 season, the Browns are counting on Garrett and this draft — Sashi Brown, the club's vice-president of football operations called it "momentous" last week — to kick-start their turnaround and possibly end years of football folly for a once-proud franchise. With two first-round picks, two in the second round and one in the third, the Browns have the assets to improve, and possibly to find that elusive QB after starting 26 since 1999.

But that's been the hope be-



Myles Garrett
GETTY IMAGES

fore and years of blown draft picks, particularly in the first round, have hampered the team from making any significant progress.

Garrett, a freakish athlete who has been accused of sometimes taking plays off, could help change that. Cleveland has lacked a dominant defensive player, the kind who can change a game with a sack or punishing hit.

Unlike many of the top picks who were in Philadelphia walking the red carpet and hugging Commissioner Roger Goodell on a stage in front of 70,000 fans, Garrett was with family and friends in Texas when he received a phone call from the Browns telling him he was Cleveland bound.

"It was really just a weight off my shoulders, what I was wishing for has come to fruition," said Garrett.

THE ASSOCIATED PRESS

IN BRIEF

Giants lock in Beckham

The New York Giants have picked up the fifth-year option on receiver Odell Beckham Jr.'s contract.

The Giants announced the move Thursday, hours before the NFL draft began.

In each of his first three seasons, Beckham has led the Giants in receptions, receiving yards and touchdown catches. The 2014 first-rounder is the first Giant to make the Pro Bowl in his first three seasons since Lawrence Taylor (1981-83).

THE ASSOCIATED PRESS

Bestselling author to write book on Hernandez

Aaron Hernandez, the former NFL player and convicted murderer found hanging by a bedsheet in prison last week, will be the subject of an upcoming true crime book by bestselling author James Patterson.

The book is scheduled for early 2018.

Patterson will donate a portion of his proceeds to education and reading initiatives.

THE ASSOCIATED PRESS

GOLF

Spieth, Palmer pair up for lead in Zurich

Jordan Spieth showed off his stellar short game. Ryan Palmer contributed momentum-saving par putts. They turned out to be quite the team Thursday in the Zurich Classic, the first official team event on the PGA Tour in 36 years.

Spieth hit a bump-and-run from 100 feet to a front pin to set up birdie on the par-5 11th, chipped in for birdie on the 14th

and closed out their foursomes round with a 15-foot birdie for a 6-under 66 to share the lead with 18-year-old Ryan Ruffels and Kyle Stanley.

Nick Watney made a 60-foot eagle putt from well off the green at the par-5 18th as he and Charley Hoffman were among four teams at 67.

Even in the tough alternate-shot format, benign conditions



Jordan Spieth, left, and Ryan Palmer. GETTY IMAGES

at the TPC Louisiana allowed for good scoring with 43 of the 80 teams breaking par, and 18

teams in the 60s.

The partnership of Spieth and Palmer, close friends who live in Dallas, took root late last year when Palmer's caddie, James Edmondson, said they would have to play together if Edmondson beat Spieth in a friendly match. He got Spieth on the last hole, and Spieth decided to add the Zurich Classic to his schedule.

THE ASSOCIATED PRESS

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Chewy Almond Butter Chip Cookies



PHOTO: MAYA VISNIE

Ceri Marsh & Laura Keogh
For Metro Canada

Creamy, soft and chocolate in every bite should be all of a description you need to be convinced to make these cookies.

Ready in 30 minutes

Prep time: 10
Cook time: 20-22

Ingredients

- 1/2 cup (1 stick) butter, softened
- 1/2 cup smooth almond butter
- 1 cup brown sugar
- 1 egg
- 1 1/4 cups spelt flour
- 1/2 tsp baking powder
- 1/2 tsp baking soda
- 1/4 tsp salt
- 3/4 cup mini chocolate chips

Directions

1. Preheat oven to 375. Grease a baking sheet with butter.
2. Cream butter and sugar. Add almond butter. Next add

egg and mix until fluffy.

3. Whisk flour, baking powder, soda and salt together. Combine the dry ingredients into the butter batter in stages, blending until incorporated. Add the chocolate chips and mix.

4. Drop a tablespoon of dough onto the cookie sheet and then flatten it a tiny bit with the back of a spoon. Space your cookies about 1-inch apart. Bake in the oven for 20 to 22 minutes. I consider this the most important step if you want chewy, soft cookies. Be sure to watch them carefully. If you want more crisp cookies, allow them to bake another few minutes.

5. Remove from the oven and allow to cool a few minutes.

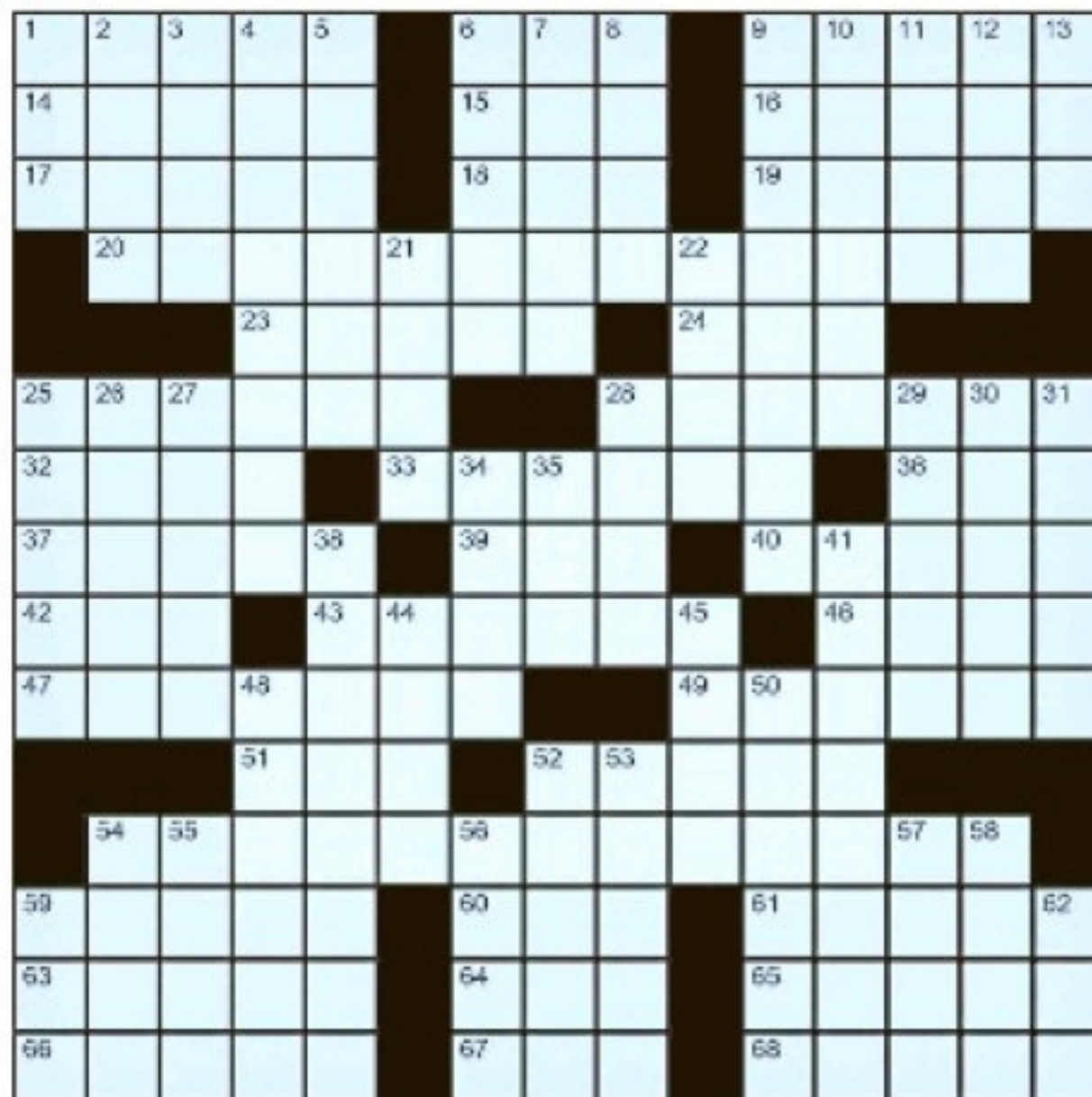
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ACROSS

1. Music publisher's cache
6. Transport for T.O. commuters
9. Tear to bits
14. Towards the ship's left side
15. Above, to a poet
16. Trompe l'__ (Visual illusions)
17. Ms. Shriver
18. Uno + due = ?
19. "Can __ you?" (Let's talk on the phone)
20. With 'The', Margaret Atwood's dystopian bestseller adapted as a thrilling new TV drama, airing on Bravo: 2 wds.
23. Radio station switchers
24. Public Relations job, e.g.
25. Totalitarian world in which #20-Across is set
28. King of Lydia who was fabulously rich
32. MGM lion's sound!
33. Really tick off
36. "Gangnam Style" guy
37. "Thus...": 2 wds.
39. Not in
40. Canadian singer/songwriter Sarah
42. Rich dollar amt.
43. Extra extensive
46. Schemer in Shakespeare's Othello
47. Sightseer's sight
49. Name of #54-Across' lead role character
51. Excavated material
52. Mow the grass



even shorter
54. "Mad Men" actress now starring in #20-Across: 2 wds.
59. Literary genre
60. __ budget
61. "___ the sauce could have used more seasoning." (Food competition judge's critique)

63. Think alike
64. Spuds-exporting prov.
65. Movie star Zac
66. Windblown silt deposit
67. Cobbler's tool
68. Replies to the party invite, wee-ly

DOWN

1. "Cheers" bar owner
2. Moonfish
3. A Doll's House wife
4. Some people with their teeth at night unknowingly
5. Olympic venues,

fancy-style
6. Amount
7. Ms. Hatcher's
8. Deb. opposite, as per money
9. "That's how things turn out sometimes!": 3 wds.
10. British Columbia body of water,

with Strait
11. Money in Oman
12. She, in Sherbrooke
13. Internet hook-up letters
21. Created
22. Famed puppeteer Tony
25. Tiny weights
26. Column style of ancient Greece
28. Soup scooper
29. Ms. Blanchett
29. Asparagus shape
30. Accepted practice
31. Church council
34. Busybody-ish
35. Furrow
38. Manages
41. Historic happenings at Cape Canaveral
44. Milieu
45. Acadian singer Mr. Voisine
48. Rackets
50. Emitting more vapors
52. Freshen
53. Internet business
54. As a result
55. Handed-down history
56. "Be-_-Lula"
57. 'S' of EMS, for short
58. Swill
59. Friend
62. Heavy wts.

* IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Expect the unexpected today, because unpredictable events will occur. Your mind is racing and going off in all directions!

Taurus April 21 - May 21
Secrets might come out today, especially if you do research or study something unusual. Something unexpected will occur behind the scenes.

Gemini May 22 - June 21
You might meet a real character today. Or possibly, someone you already know will do something that amazes you. No matter what happens, you will learn something.

Cancer June 22 - July 23
A conversation with a boss, parent or authority figure will surprise you in some way today. If you are caught off guard, take a breath before you react. Don't quit your day job.

Leo July 24 - Aug. 23
You suddenly might have to travel somewhere today, or scheduled travel plans will be changed or canceled. Travel and school schedules definitely are unpredictable.

Virgo Aug. 24 - Sept. 23
Double-check your bank accounts and matters related to inheritances and shared property today, because something unexpected likely will occur. It's always good to know what's happening.

Libra Sept. 24 - Oct. 23
A friend or partner probably will surprise you today. This person might demand more freedom in the relationship or suggest something unusual.

Scorpio Oct. 24 - Nov. 22
Your work routine will be interrupted by computer crashes, power outages, fire drills, cancelled appointments or something unexpected. Count on it.

Sagittarius Nov. 23 - Dec. 21
This is an accident-prone day for your children, so be extra vigilant. This applies to sports as well. Meanwhile, love at first sight might take place.

Capricorn Dec. 22 - Jan. 20
Small appliances might break down, or minor breakages could occur today. An unexpected visitor might appear at your door.

Aquarius Jan. 21 - Feb. 19
This is an accident-prone day, so be careful. Think before you act or speak. However, you're full of clever and geniuslike ideas, because it's easy for you to think outside the box today.

Pisces Feb. 20 - March 20
Be careful with your finances and possessions today. You might find money, or you might lose money. Be careful to guard your possessions against loss or theft.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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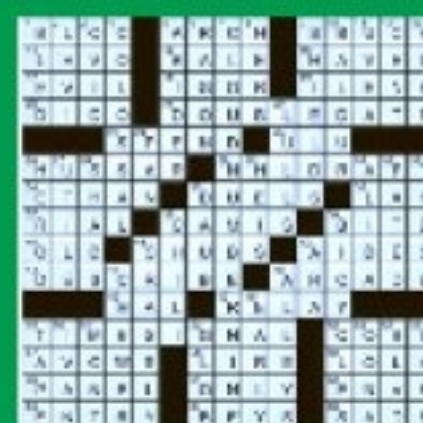
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8	7	5	6	9	1	4	3	2
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9	6	1	2	3	4	8	7	5
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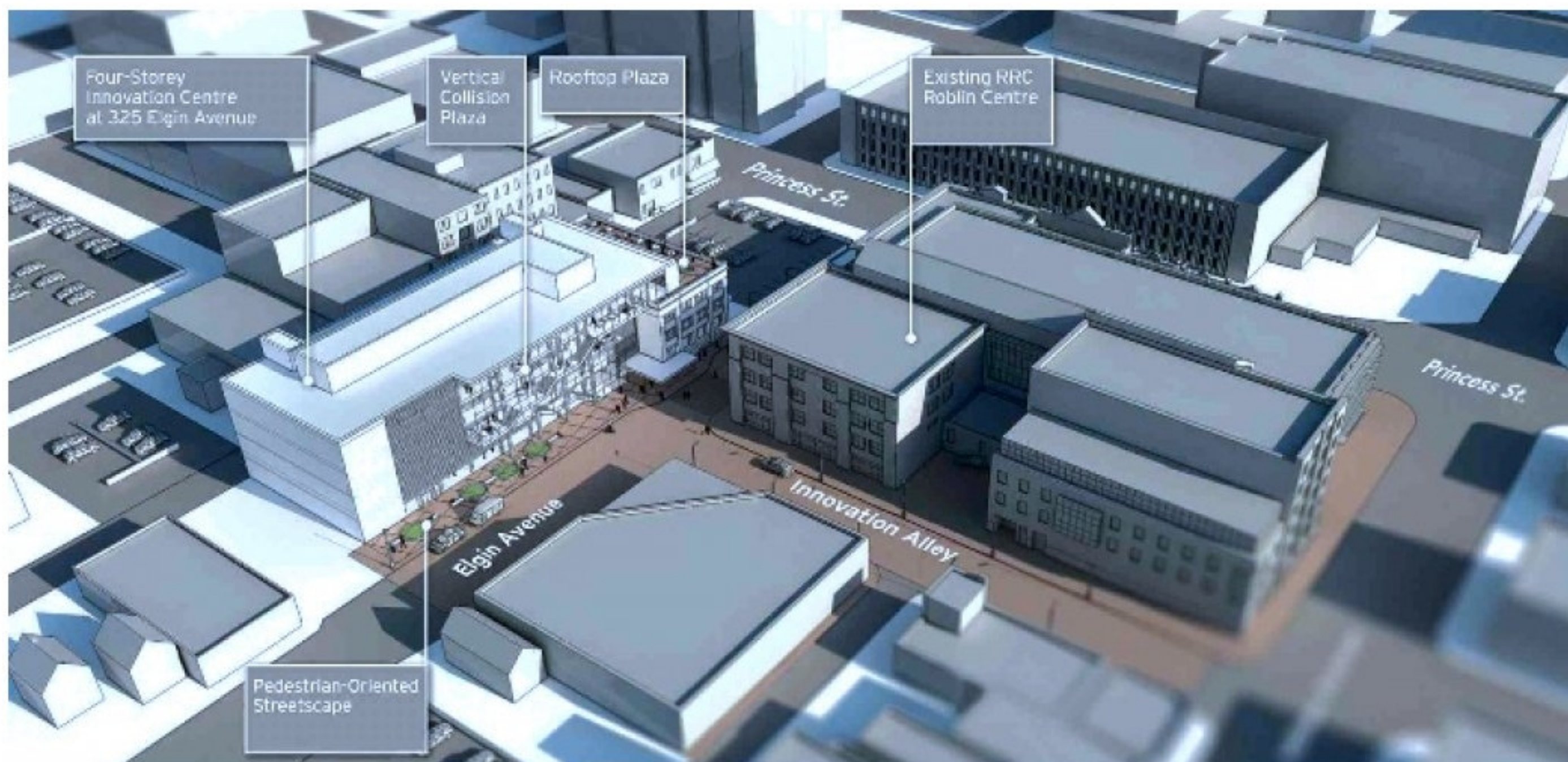
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*Does not apply to Special Buys and Clearance Items.
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New \$95-million, 100,000-square foot centre for innovation coming to Red River College's Exchange District Campus.

- Centre will focus on industry-led applied research, entrepreneurship, Indigenous education, and social innovation and enterprise.
- A purpose-built collision space where students, educators, entrepreneurs and business will come together to tackle real world issues in a learning environment.
- Exchange District expansion will be the centrepiece of RRC's first ever major fundraising campaign.